



# PURITY DAIRY PRESENTS THE MOOSIC CITY DAIRY DASH

April 11, 2015 • Metro Center • Nashville, Tennessee

Wunder Fun Run begins at 7:30 a.m.

Purity 5K begins at 8 a.m. • Purity 10K begins at 8:30 a.m.

All courses are fast, flat, certified and timed using the ChampionChip® System.

## Registration Fees

- 5K Run/Walk
  - Pre-Race: \$30 / Day of Race: \$35
- 5K Run/Walk Family/Team – (Up to 3)
  - Pre-Race: \$75 plus \$25 for additional family/team members
  - Day of Race: \$90 plus \$30 for additional family/team members
- 10K Run
  - Pre-Race: \$35 / Day of Race: \$40
- Run Both 5&10K
  - Pre-Race: \$40 / Day of Race: \$45
- 1 Mile Wunder Fun Run
  - \$12, \$40 for family of 4

## Registration

- ★ Register online:
  - [www.puritydairydash.com](http://www.puritydairydash.com)
  - [www.active.com](http://www.active.com)
- ★ Mail this registration with payment to:
 

**Purity's Moosic City Dairy Dash, P.O. Box 100047, Nashville, Tennessee 37224**
- ★ Early registration & pre-registered pickup:
 

**Friday, April 10, 11 a.m. – 6 p.m.**  
**Purity Dairies Training Center 534 Expressway Park Drive** (Follow signs from Murfreesboro Road)



### CORPORATE CHALLENGE (5 & 10K)

- For team registration contact:
 

**Cathy Wind, 615-734-6522**  
**cmwind@firsttennessee.com**
- For Corporate Challenge info:
 

[www.nashvillesports.com/ccrs](http://www.nashvillesports.com/ccrs)

## Awards

- **GRAND PRIZE:** Overall male and female winner will receive a 1-year supply of Purity Ice Cream.
- **AWARDS** will be given in both 5K & 10K to the top 3 finishers in the Overall, Masters, and Grand Masters categories and the top 3 finishers in each of the age categories: 9 & under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+ and Wheelchair.
- **WUNDER FUN RUN AWARDS** will be given to the top 3 finishers, 14 and under in the Overall, and in each of the following categories: 5 and under, 6-7, 8-9, 10-11, and 12-14.

Follow Purity's Moosic City Dairy Dash on Facebook and Twitter  

## Perks & Swag

- Commemorative Tech Shirt with all registrations.
- Free Refreshments.

## Directions

- Take I-65, exit 85 to Rosa L. Parks Boulevard. Race headquarters will be located at Athens Way & Rosa L. Parks Boulevard In the Metro Center.

## Important Information

- 10K is a Nashville Strider Grand Prix Event
-  For ADA accommodations, call 615-851-2630
- Use of headphones/MP3 players is discouraged
- Strollers are welcome, and should line up in the rear at the starting point. **NO PETS ALLOWED**
- All Courses are open for 1½ hours
- Event will be held rain or shine
- No refunds or transfer of race registrations
- Questions? Call Smitty @ 615-851-2630

## 2015 MOOSIC CITY DAIRY DASH REGISTRATION FORM

First Name				Last Name												\$ _____ I would like to make a donation to Our Kids Center	
Age	D.O.B.	Month	Day	Year	Sex: M or F	Shirt Size: S	M	L	XL	XXL							
5K Run/Walk	5K Run/Walk Family/Team	10K Run	Run Both 5&10K	Wunder Fun Run	Wunder Fun Run Family of 4	Wheelchair Division	CCRS Team Name										
Mailing Address																	
City										State		Zip Code					
Area Code			Telephone Number			E-mail Address											

Signature: (Parent or Guardian if Minor)

Date:

**Waiver:** I know that running is a potentially hazardous activity. I should not enter and run the race unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely conclude the run. I assume all risk associated with running including, but not limited to, falls, contact with other participants, the effects of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, I, for myself and anyone entitled to act on my behalf, waive and release the Purity Dairies 5K Run, 10K Run, Wunder Fun Run, etc. The Metropolitan Government of Nashville and Davidson County and its employees, all sponsors, their directors, officers, employees, agents, representatives and successors from all claims or liabilities of any kind or nature whatsoever arising out of my voluntary participation in this race even though that liability may arise out of negligence or carelessness on the part over. I further agree to abide by the laws of the State of Tennessee regarding consumption of alcoholic beverages before, during and after the Event, and by not doing so, waive any and all rights I and my guests may have with regard to this Event.